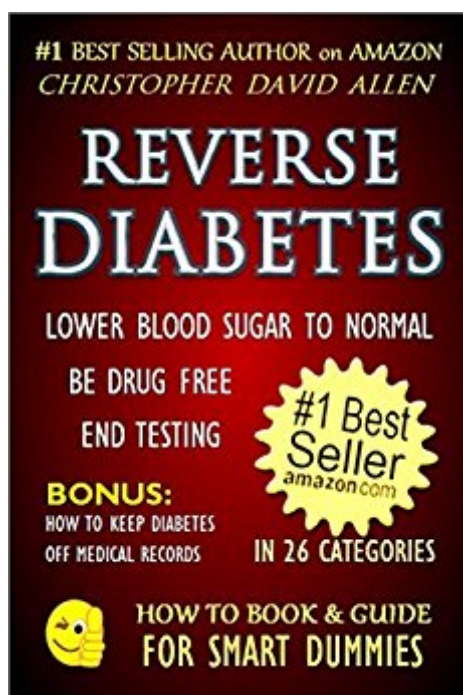


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# REVERSE DIABETES - LOWER BLOOD SUGAR TO NORMAL - BE DRUG FREE - END TESTING - BONUS: HOW TO KEEP DIABETES OFF MEDICAL RECORDS (Diabetes Cure, Diabetes Diet) (HOW TO BOOK & GUIDE FOR SMART DUMMIES 1)



## Synopsis

DIABETES IS REVERSIBLE â | HERE IS THE EASY PROVEN PROCESS ... READ ONBy International Best Selling & #1 Best Selling AuthorCHRISTOPHER DAVID ALLENDOCTOR

REVIEWS:â œThe must-have diabetes avoidance and reversal guideâ • (Dr. Jonathan Johnson MD)â œOverall I read it and I can tell you that it is very concise and easy to understand for patients. A great tool for diabetics and patients that are dealing with elevated sugarsâ • (Dr. Andreas Grossgold MD)Diabetes is reversible and curable without drugs.Forever vanquish needles, prescriptions, insulin, and medication side effects. These medical interventions are NOT NEEDED to reverse diabetes and live a normal long life.Normalize blood sugar, fix insulin resistance, end neuropathy pain, reverse nerve damage, and other diabetes problems. Avoid blindness, amputation, heart disease, cancer, and a painful early demise.Rebounding on a mini trampoline is recommended by the author. Rebounding is low impact, easy to do at home, and fun â | Ask any kid if jumping up and down for joy is fun. An inexpensive rebounder burns calories:9 times faster than walking5 times faster than swimming3 times faster than joggingDiabetes is ranked as the #7 killer in the USA. When you consider that most diabetics have heart disease (#1 killer) or cancer (#2 killer) on their death certificates and NOT diabetes which was the underlying cause, diabetes is more like the #3 killer that causes #1 & #2A hidden problem is the big Pharmaceutical Conglomerates that are above the law and lie about the drugs. They control medical education and want to protect massive diabetes drug profits. Big Pharma wants you on their highly profitable drugs regardless of negative health effects and suffering. Big Pharma loves sick people as they are highly profitable!The drugs have many hidden risks and negative side effects.If you have Prediabetes, Type 2, Type 1, or love someone with diabetes ... This book is for you.Why suffer the consequences of diabetes when you can avoid or reverse diabetes to reclaim your life, longevity, and freedom from expensive horrific drugs.Lower blood sugar to normalBe drug freeBe pain freeEnd testingLive a normal long lifeBONUS: Self-Testing To Keep â œDiabetesâ • Off Your Medical RecordsARE YOU READY TO DESTROY DIABETES?Scroll Up and Click the â œBUYâ • ButtonTags: Diabetes, Diabetes Cure, Reverse Diabetes, Type 2, Diabetes Solution, Diabetes Destroyer, Diabetes Cookbook, Diabetes Diet, Diabetes without Drugs, Diabetes Awareness, Diabetes Book, Diabetes for Dummies, Diabetes Breakthrough, Diabetes Care, Diabetes Treatment, End Diabetes, Gestational Diabetes, Type 1 Diabetes, Insulin, Diabetic Superfood, Diabetes Free, Reversing Diabetes, Diabetes Magazine, Diabetes Diet Cookbook, Diabetes Diet Plan, Diabetes Management, Diabetes Diet Book, Diabetes Diet For Maximum Health, Diabetes Diet For Weight Loss, Diabetes Box Set, Ultimate Diet, Diet Books, paleo diet, dash diet, ketogenic diet, mediterranean diet, weight loss,

weight loss motivation, weight loss for women, weight loss tips, weight loss smoothies, weight loss stories, weight loss books, diabetes control, diabetes reversal, diabetes type 1, diabetes type 2, prediabetes, diabetes nutrition, diabetes & carbs, diabetes basics, diabetes cure book, diabetes cure guide, diabetes ebooks, diabetes diet plan, diabetes guide, diabetes glucose, diabetes guidelines, diabetes kindle books, diabetes low carb, diabetes meal planning, diabetes meal plans, diabetes nutrition, diabetes natural cures, diabetes no more, diabetes prevention, diabetes solution

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## **Customer Reviews**

Another remarkable book by International Best Selling and 22-time #1 Best Selling Author (check out his other books in the How To Book & Guide For Smart Dummies Series). This ground-breaking book is the best guide about reversing or avoiding diabetes out there. There is much info you will NOT see in any other book about diabetes (all types of diabetes including prediabetes, type 1, type 2, LADA, and gestational). The Author correctly points out a common medical misconception that diabetes is NOT a series of diseases, all forms of diabetes share the single symptom of "high blood glucose". The process Mr. Allen advocates to use inexpensive self-testing at home with an inexpensive test meter gives significant advantages: 1 Avoiding a diabetes diagnosis on your

medical records could save you a small fortune on medical insurance and life insurance that would otherwise see much higher rates or denial of insurance.<sup>2</sup> No need to visit a doctor, clinic, or hospital for diagnosis and treatment can save you a small fortune and a lot of time in doing so.<sup>3</sup> Discovering your own custom anti-diabetes diet to quickly reverse diabetes and end the need for testing, medications, and needles.<sup>4</sup> Reclaim normal longevity and a higher quality of life, without suffering the diseases commonly associated with diabetes (heart disease, stroke, cancer, blindness, amputation, and the list goes on). The diet advice is outstanding and it is important to note that a diabetes diet is much easier to follow than weight loss diets that fail. This is because you will be discovering the foods you love that achieve lower blood sugar and finding good foods to substitute for the bad ones that spike your blood sugar.

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